

Quarterly Super News

December 2025 edition



Like me I'm sure you are looking forward to some downtime over the New Year break and spending more time with family. This quarter our focus is on what matters most, protecting the people you love. It's about giving your loved ones the security they deserve with the right type and amount of insurance cover so you can enjoy peace of mind today and confidence for the future.

In this edition of the quarterly newsletter you'll learn about:

-  The value of insurance and how to make a Binding Death Benefit Nomination to ensure your wishes for your super are followed on your death;
-  The power of compounding interest and how paying less in fees and insurance costs over the long term may contribute to a larger super balance at retirement;
-  How easy it is to register for Member Online and download the app for 24/7 oversight of your super and in-phone transaction capability: and
-  Our most popular topic last quarter – the latest in your super's investment performance.

And remember, if you're moving on from ANZ you can stay with ANZ Staff Super. We will transfer you automatically to the Personal Section and you can take us with you to your new employer. Visit [Leaving ANZ](#) on the ANZ Staff Super website for more information or call us on 1800 000 086.

Enjoy the break and we'll see you in 2026!

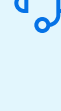
Paul

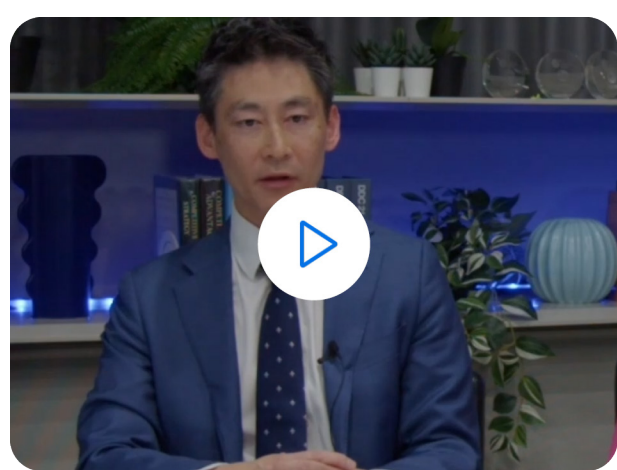
Paul Rosam

Head of ANZ Staff Super

Holiday Contact Centre hours

Our hardworking Contact Centre will have slightly reduced operating hours over the break – we will be open:

-  up to 3pm Wednesday 24 December, re-opening at 8am Monday 29 December; and
-  up to 3pm Wednesday 31 December, re-opening 8am Friday 2 January.



Your super's investment performance

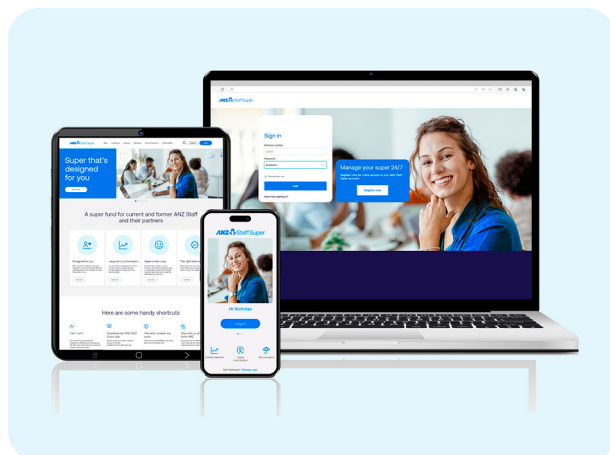
Watch William Leong our Head of Investments unpack the implications of recent moves in investment markets.

[Watch now](#)

Secure access 24/7

Register for Member Online and download the app (before going overseas) to check your super balance and transact 24/7.

[Register now](#)



When it really counts

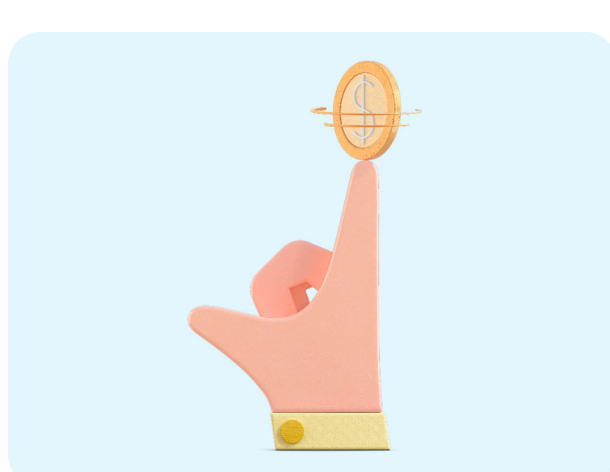
Life gets busy – take a few minutes to review your insurance – it could make a big difference to your loved ones if life doesn't go to plan.

[The value of insurance](#)

The power of compounding

Compound earnings are even more powerful in growing your super when coupled with low fees and insurance costs.

[Learn more](#)



Do you have feedback about the Quarterly Super News?

feedback@anzstaffsuper.com

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Hi Fred

Like me I'm sure you are looking forward to some downtime over the New Year break and spending more time with family and friends. In this edition of the quarterly newsletter you'll learn about:

-  Boosting your super balance with a Downsizer Contribution;
-  Planning for retirement – watch the video of our latest webinar;
-  Life after work – whether it's next year, 5 or 15 years from now – how to start visualising your retirement;
-  How easy it is to register for Member Online and download the app for 24/7 oversight of your super and in-phone transaction capability; and
-  Our most popular topic last quarter – the latest in your super's investment performance.

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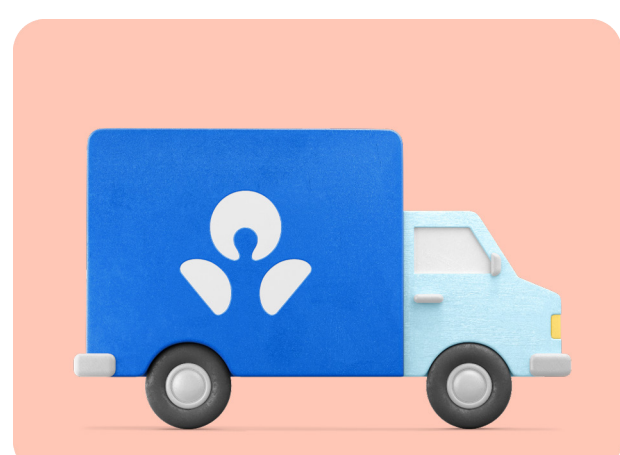
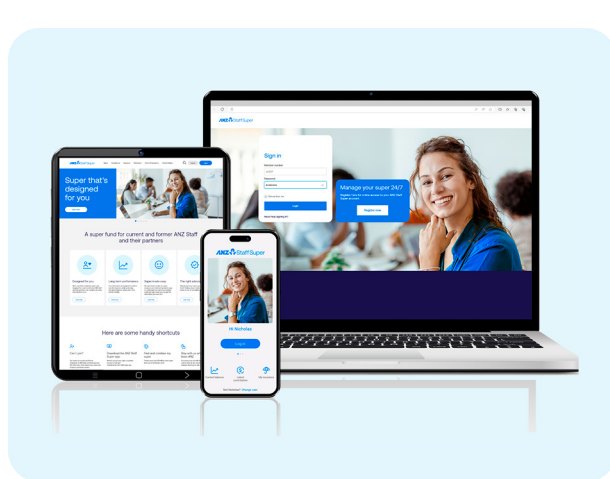
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Is a Downsizer Contribution for you?

It could be a powerful way to boost your superannuation balance without the usual contribution caps or work tests.

[Find out more](#)

Life after work

Travelling, volunteering, renovating or all of the above – retirement is your time to live life on your terms.

[Read more](#)



Planning for retirement video

Watch the video of our latest webinar on Planning for Retirement.

[Watch now](#)

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